



## **Welcome Centre**

Winter greetings to you from BRMC and the team at the Ballarat Welcome Centre. The Centre is warm and active and we invite inquiries and bookings from members and the community. Here are a few updates from the Welcome Centre and notice of forthcoming events in June

#### **Upcoming Events:**

Refugee Week
Migrant Morning Tea
Ballarat R.A.R. Guest Speaker
Coco Sounds
Yoga Classes





#### **Past Events**

Victorian Multicultural Comission Community Conversations Flamenco Dance Lessons Heritage Weekend Bus Trip to the Heights Heritage House and Garden

## **Projects and Events**



atmosphere.

For more information contact Teresa on 03 53383 0613

### **HEART SPACE**

The Ballarat Welcome Centre now has a drop in centre for everyone to enjoy.

Currently Heart Space is open every Monday and Thursday from 10am to 2pm.

Come and take a look, enjoy a free tea or coffee, internet access or simply relax and enjoy the warm and inviting

## **Members Events**

#### **Multicultural Events from our members**



### **Ballarat Italian Association**

Ballarat Italian Association is celebrating Italian Republic Day on Sat 2nd June 5.00 – 9.00 pm at Housey Housey, 12 Armstrong Street North.

Bookings: www.trybooking.com/VFGY

General Enquiries: framar25@bigpond.com

#### **Radic Ballarat**

Is organizing:

Celebration of the Croatian National Day on **Sunday 17.06.2018** at 12.00 noon 612 Kline Street, Ballarat

Honorable Guests Representatives : General Consul of the Republic of Croatia from Melbourne



There will be a scrumptious lunch and great Live Music by Ivica Fonti.

Spit Roast: \$30 Pensioners \$25

Children under 12 free

For reservations please call: Andrew Horvat

Ph: 03 53569208 Mob : 0419 115 347

Join them - have a good time and feel like home!

## **Quick Program Updates**

## SETTLEMENT SERVICES

## **Diversity Homework Club**

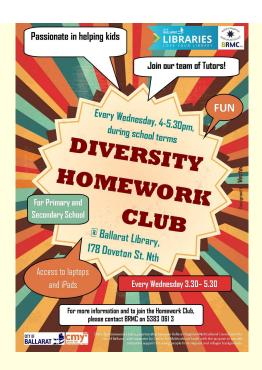
Diversity Homework Club provides homework support for primary and secondary school students in a supervised venue with trained tutors.

Our Diversity Homework Club is always looking for tutors and students to join in.

Homework Club gets together every Wednesday at the Ballarat Library 4.00pm - 5.30pm during school terms.

If you would like to attend or enquire please

contact Deruka Dekuek on 03 5383 0613 or email d.dekuek@brmc.org.au





# **Community Volunteer Tutors: Orientation Training**

The first session of Orientation Training for the 2018 batch of Community Volunteer Tutors was held on 5 May 2018. 20 English Classes Tutors and 4 Homework Club Tutors joined the program



We thank to our fantastic team of tutors and clients for their hard work, time, effort and energy towards making their English tutoring sessions joyful and effective.



The activities at the Orientation Training were:

- 1. Cultural Competence
- 2. Adult Learning Styles
- 3. Session Planning
- 4. The fun element in Language Learning



#### **Multicultural Tucker**

The cuisine at our May MCT took us to the beautiful Island of Malta! 75 of our seniors enjoyed a three course meal and were entertained by the vibrant Joe Parks on the piano accordion.

Our seniors will be enjoying a Hungarian Menu on **Wednesday 13th June!** 

Enquiries: Call Teresa 53830163

#### **Social Hub**

The last Social Hubs have been a lot of fun for the participants and the BRMC Staff. The seniors have created lovely jewelry, birds out of clay or decorated terracotta pots. Join the next Social Hub, it is a space where creativity comes to life! It is at 145 Victoria Street, East Ballarat, at1:30 pm to 3 pm on the following dates:

Tuesday 19 June Tuesday 17 July Tuesday 14 August

Enquiries:

Call Teresa 53830163



## **Health and Wellbeing Days**

Our next Health & Wellbeing Day will be held on Wednesday 27th June from 10am here at The Ballarat Welcome Centre.

Presentations on Respectful relationships from Senior Rights Victoria and My Aged care by Scott Kerr will be given.

Craig Lee from Ballarat Community

Health will guide our seniors to participate in some light physical activities. We will serve a healthy morning tea and light lunch.



\$5 per person, bookings essential, just call Teresa on 03 5383 0613.

## **Coco Sounds**

Four classes per week:

Mini Mona's Choir – children's community choir who perform accapella and accompanied contemporary, world and gospel music for kids aged 18 months to 18 years.

Monday's 4-5:30pm

Mini Hanz On Drumming – Group drumming and percussion for kids from primary to secondary ages.

Thursdays 4:30 until 5:30pm

Hanz On Drumming – percussion group open to the community. Focussing on African and Latin rhythms and grooves.

Thursdays 6-7pm

Thursday Night Choir – focuses on developing your harmony and rhythmic skills and of course having fun. Sing songs from around the world and of course our own backyard, in a relaxed atmosphere.

Thursday's 7-8pm

http://cocosounds.com/

## **Yoga Classes**



## BALLARAT WELCOME CENTRE 145 VICTORIA STREET BALLARAT

MON & WED 7AM & 6PM
45 MINUTE CLASSES - \$10 PP (\$7 FOR
CONCESSION, SFNC AND BRMC MEMBERS)
PLACES LIMITED - RESERVE YOUR SPOT WITH
SHANI ON 0422262855

Join the Yoga Classes with Shani in the Welcome Centre and help yourself starting in the day fit and balanced.

45 minute classes on Mondays: 7am; 6pm Wednesdays: 7am

Fridays: 7am

## **Artist in Residence**

Andrew McIlroy is currently painting in the Welcome Centre. He will be with us until September 2018 and will exhibit at the forthcoming Biennale of Australian Art.

If you are interested to find out more about Andrew, make sure to visit his website:

www.andrewmcilroy.com

## **Look Out for Opportunities for You!**

**Ballarat Health Services Consultation Sessions** 

Our region is growing and the BHS know they need to adapt and expand their services and facilities to meet the health needs of our changing population. They are developing a Masterplan to determine the health infrastructure requirements for the next 30 years, looking at what acute and sub-acute services will be needed now and into the future. BHS have been working with the Victorian Department of Health and Human Services to understand the viability and possibilities of the Queen Elizabeth Centre site on Ascot Street and the Base Hospital site.

BHS Master Planning Consultation – have your say

- The way delivering healthcare is changing and the physical sites need to adapt to this
- BHS need your ideas, suggestions and questions about what the future of healthcare in Ballarat looks like
- Combined, the Queen Elizabeth Centre and Base Hospital sites provide a full range of health advice and care: from speech pathology to accident and emergency, weight management to cancer treatment.

More information on each session is on the Eventbrite listings: Lederman Hall **5th June 3.30 – 5.00pm** 

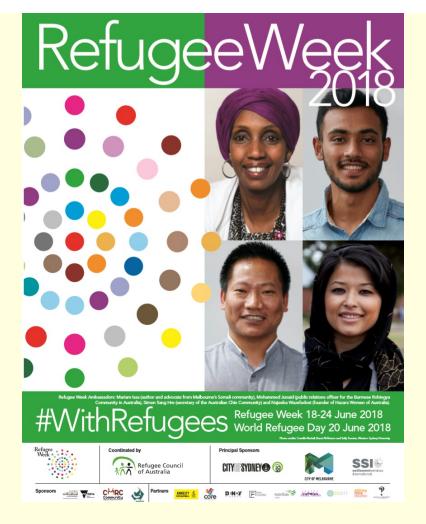
https://www.eventbrite.com.au/e/bhs-master-planning-community-consultation-1-tickets-46275814206

OR

Lederman Hall 5th June 5.30 – 7.00pm

https://www.eventbrite.com.au/e/bhs-master-planning-community-consultation-2-tickets-46275891437

For further information please contact Lee-Anne Sargeant on 5320 6660 or Lee-anne.sargeant@bhs.org.au



## Refugee Week - Events and Times

"When history looks back will it to be see them standing alone or will it see we were standing?"

Refugee Week takes place every year across the world in the week around World Refugee Day on the 20 June. The ultimate aim is to create better understanding between different communities and to encourage successful integration, enabling refugees to live in safety and continue making a valuable contribution.

During the Refugee Week 17-23 June 2018, you are able to join a lot of interesting events in Ballarat.

#### Saturday, 16 June:

Migrant Morning Tea, 10 - 12am, no cost Welcome Centre, 145 Victoria Street, East Ballarat For Questions call Deruka 53830613

"See my Humanity" Refugee Art Exhibition Launch, 2 - 4pm, no cost Pearces Park, Crn Barkley & Gladstone Streets, Golden Point For Questions call Maureen 0419178152

#### Sunday, 17 June:

Interfaith Film - "Serenades", 4.30 - 6.15pm, no cost
Ballarat Central Uniting Church, 103 Lydiard Street, Ballarat Central
For Questions call Maureen 0418383802

#### Monday, 18 June

Civic Flag Raising Ceremony, 11 - 11.30am, no cost Ballarat Town Hall, Queen Victoria Square

2018 Annual Refugee Week Launch, 11.30am - 12.30pm Ballarat Town Hall, Trench Room By Invitation

#### Wednesday, 20 June

House of Welcome Luncheon, 12.30pm, 20\$ entry Nazareth House, 218 Mill Street, Lake Wendouree For Questions call Carmel, 0401175045

Welcome Film Festival Launch - "Human Flow", 6.30pm, Tickets 20\$ Regent Cinema Theatre, 49 Lydiard St, North Ballarat Bookings Essential: https://tickets.demand.film/event/5022

Ballarat R.A.R. Guest Speaker, 7.30 - 9pm, no cost Welcome Centre, 145 Victoria Street, East Ballarat For Questions call Margaret 0402498644

#### Thursday, 21 June

Ecumenical Service with Interfaith Prayers, 5.30pm Service, 6.30pm Refreshments, no cost Cathedral Church of Christ the King, 49 Lydiard Street S, Ballarat

#### Saturday, 23 June:

"It Takes Courage" Book Launch, 1 - 3pm, no cost Ballarat Art Gallery, 40 Lydiard Street N, Ballarat Bookings Essential: https://it-takes-courage.eventbrite.com.au

Welcome Film Festival: "The Staging Post", 3.30pm Welcome, Tickets 20\$, for Members 15\$
Regent Theatre, 49 Lydiard Street N, Ballarat
Bookings Essential: https://tickets.demand.film/event/5022

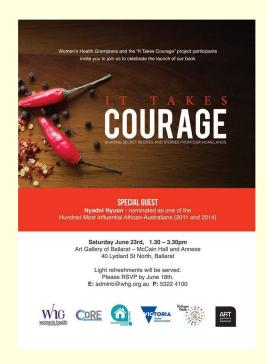
Ballarat City Football Club - Diversity Round 2018, 10\$ Adults, 5\$ Children 5.30pm VIP Celebration, 5.45pm Opening Ceremony, 6pm Game Start

Morshead Park Stadium, Pleasant Street, Redan

The Yoga Classes of Shani are also happening in Refugee Week each day at 7am, for more information read it under "Quick Program Updates".

## **Family Violence Prevention:**

For more information about the event on **Thursday 21 June** in Ballarat Community Health Centre please contact Tashkah: tashkahl@bchc.org.au



## **It Takes Courage**

Announcing the "It Takes Courage" - Book Launch!

This book was conceived and developed through a project of the Grampians Communities of Respect and Equality (CoRE) Alliance, which seeks to achieve a safe, equal and respectful society for everyone.

The It Takes Courage project set out to empower women from refugee, immigrant and Aboriginal backgrounds to share their lived experiences through food and culture.

This book is a unique collection of recipes and stories that embodies humanity, love and survival. It respects and celebrates diversity and highlights what unites us.

The launch is on **Saturday 23 June**, if you want to join, get tickets on: https://ittakes-courage.eventbrite.com.au

## **Suicide Prevention Workshop**

Wesley LifeForce will be conducting a Suicide Prevention Workshop at Midlands Golf Club – Heinz Lane, Ballarat North VIC 3350 on **Wednesday 11 July 2018** from 9am – 1.30pm.

The program helps participants recognise when a person may be having thoughts of suicide, and provides a simple strategy to intervene and assist them. The training is open to community members aged over 18 years. There is no charge to attend the workshop and Morning Tea will be provided. Each participant will receive a certificate of attendance as well as support materials after the workshop.

If you are interested in attending this workshop, please use this link: https://www.eventbrite.com.au/e/wesley-lifeforce-suicide-prevention-half-day-workshop-ballarat-vic-tickets-46555243988

# New & Emerging Communities Leadership Program Ballarat 2018

The New & Emerging Communities Leadership Program offers a rich development experience with long-lasting benefits for participants and the wider community. Late applications may be accepted up until 7 June. Inquiries to welcome@brmc.org.au

Program launch: Friday 27 July, evening

Program days 9:30am-3:30pm (all sessions): Saturdays 28 July, 18 August 8, 15 & 22 September 6 & 20 October

Program evenings:

Thursday 16 August; Friday 14 September | 6:00pm-9:00pm

Program graduation: Saturday 20 October

## **A Community Conversation in Ballarat**

16 May 2018

The Victorian Multicultural Comission held a community consultation in the Welcome Centre. Over 80 community members attended to discuss critical issues with the Commissioner, Sonia Vigniviec and her staff team.



## **Flamenco Dance Lessons**

19 & 20 May 2018

Aya Kitaoji of Senes Flamenco spent a weekend in the Welcome Centre, teaching Flamenco to beginners. It was a great and spinning experience for all dancers and we are sure the magical spark of Flamenco jumped over to the participants



## **Heritage Weekend**

26 & 27 May 2018

The Heritage Weekend in the Welcome Centre was a great succes. 102 people of all ages went on tours and 44 enjoyed a morning tea together. "Sisters of Mercy", BRMC and Ammon Beyerle from Here Studio architects guided the visitors through the convent and past students told some interesting stories about their time in the grown old house. The quote of a visitor sums it up perfectly: "It feels like a reunion, bringing everyone together!"



## **Bus Trip**

Our seniors were delighted to visit The Heights Heritage House and Garden in Newtown Geelong on Tuesday 29th May. We spent a lovely day exploring The Heights, which was erected in 1854 and is the largest dwelling of its kind in Victoria. The Heights was prefabricated in Hamburg, Germany.

#### REMINDER

It is helpful if we receive RSVP for activities and events. This helps us to deliver a quality service for all. RSVP: 03 5383 0613 or email events@brmc.org.au or info@brmc.org.au



## **Update about the Welcome Centre**

The improvements all around our convent continue and we are happy bringing the building back to its former glory.

Some current work:

The old carpets from second floor in the central corridor were being removed. Initial drawings of a commercial kitchen and an all acces bathroom have been submitted.

Furthermore we are working on new emergency plans.

The Melbourne University Architect Students are in final stages of their Master Plans for the convent. We are really looking forward to their presentations and await great changes.



## **BRMC Contact Details**

We are contactable by **phone** 03 5383 0613 or **email** on **info@brmc.org.au** and to book spaces on **welcome@brmc.org.au**.

You can also visit our Facebook page: www.facebook.com/brmc.ballarat

Watch this space for our new website launching soon www.brmc.org.au



We often need a helping hand and are very grateful for every volunteer. We have various positions available and everyone can get a perfect fitting task to help people.

At the moment we have a lot of volunteers, who are helping at the reception or attending events. If you are interested in volunteering at BRMC or know someone that does please contact info@brmc.org.au or admin@brmc.org.au.

# Kind regards, from BRMC at the Ballarat Welcome Centre

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