

### February 2022 Newsletter



Dear Readers.

Welcome Back. We have opened our doors again in February 2022. February has already seen the delivery of a pop-up vaccination hub at the Welcome Centre and commencement of our Anti-Racism program in schools. We commend many member initiatives and look forward to featuring them on <a href="mailto:BRMC Facebook">BRMC Facebook</a> and our 2022 monthly newsletters. Keep your eye out for the Ballarat Harmony Fest program for 17-23 March 2022. We will feature the program in our next monthly newsletter.

We continue to work with Grampians Health and City of Ballarat to promote everybody's health. Please contact our team if you need support or information on vaccines, testing or support while isolating.

Warm Regards, Ann BRMC Executive Officer

#### **Chinese Lunar New Year**

BRMC wishes everyone happiness and prosperity in the Year of the Tiger.

Tigers are the third of the Chinese zodiacs. According to legend, Tiger was confident that no one could compete with its speed and vigour for the celestial race that would decide the order of the zodiacs. However, when Tiger climbed out of the river, thinking it was first, it was informed that Rat placed first for its cunning and Ox placed second for its diligence. This left the king of the jungle having to settle for third place.

In Chinese culture, the tiger is the symbol of bravery, wisdom and strength.



#### **COVID-19 Information**

It is recommended that people aged 16 years and over should receive three doses of the COVID-19 vaccine in order to stay up to date. Three doses will provide you with the strongest protection against serious illness from COVID-19 and helps reduce spread within the community.

Children and adolescents aged 5-15 years are considered up to date after two doses, and a third dose is not currently recommended for this age group.

Book online at <u>covid-vaccine.healthdirect.gov.au/booking</u> or call 1800 675 398.

For more information on COVID-19 vaccines, speak to your doctor or visit: <a href="https://www.coronavirus.vic.gov.au/about-covid-19-vaccines">www.coronavirus.vic.gov.au/about-covid-19-vaccines</a>

#### Rapid Antigen Tests (RAT)

Advice on when and how to use rapid antigen tests: <a href="www.coronavirus.vic.gov.au/rapid-antigen-tests">www.coronavirus.vic.gov.au/rapid-antigen-tests</a>

COVID-19 BRMC Help: 0491 066 247 and help@brmc.org.au

#### IN THIS ISSUE

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Latest news on the Ballarat Welcome Centre and BRMC projects, programs and services.

#### **Upcoming Events**

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- Getting Schooled: Empowering multicultural youth post-secondary transitions
- Be Creative Monthly Crafting Sessions
- Maha Shivratri 2022
- Ballarat Begonia Festival Parade
- FECCA 2022 New Dates

#### **Items of Interest**

- 2022 Victorian Refugee Award Nominations
- 2022 Diversity Webinar Series
- 2022 WNC Program Guide (Term 1)
- Power Saving Bonus
- · Document Signing Station at Barkly Square
- BCH Mental Health Groups
- BHS Consumer Partnership Program (CPP)
- A Pot of Courage Casual Positions

#### **Events in Review**

- World Interfaith Harmony Week Flag Raising
- BKFA Awards

#### **UPDATES FROM BRMC**

#### **BRMC Vaccination Hub**

On Saturday 12 February, BRMC in partnership with Ballarat Health Services and Women's Health Grampians held their ninth Pop-Up Vaccination Hub at the Ballarat Welcome Centre. 93 members of our multicultural communities, including 26 young children came along for their 1st, 2nd or booster shots. If you missed our clinic, check our website on where you can go to get yours.

Thank you to all the children and parents that have helped protect themselves, their families and the community.









## **Stepping Stones to Small Business Program Stepping Stones Registration**

Do you or someone you know have a dream of starting your own enterprise and being your own boss? Then the Stepping Stones Program is what you are looking for!

Registrations are open for the Stepping Stones to Small Business training program, starting Wednesday, 30 March 10am - 2pm, and run each Wednesday to 22 June (with a break for Term 1 School Holidays). FREE and online, Stepping Stones is open to all women of migrant and humanitarian backgrounds, and to women 50+ of any background.

Contact Deborah at <a href="mailto:d.klein@brmc.org.au">d.klein@brmc.org.au</a> or 0457 934 728 for further information.

Register





#### **Stepping Stones Volunteers**

Can you help support a woman who dreams of being her own boss and running her own small business?

The Stepping Stones to Small Business program is seeking volunteer Mentors to support our graduates as they launch themselves into the world of small business, and volunteer tutors who can help support their learning to get there.

Have you got a couple of hours a week - or just a couple of hours? You could be the key to a woman realising her dream to better support herself and her family!

Full training and orientation provided.

Contact Deborah at d.klein@brmc.org.au or 0457 934 728 for further information.

#### **Social Support**

Thank you for your patience and ongoing understanding to changes with our programs. It is our priority to ensure we deliver programs as safely as possible during this ever changing and challenging time.

The Social Support Team are planning to re-introduce face-to-face programs in March. We will hope to offer weekly Tai Chi sessions and small group lunches.

If you have any questions, need further assistance, or would just like a chat you can call the Social Support office on 03 5331 1123.



#### **Hazara Social Support Program**

Tuesday 1st March, 5pm - 9pm Barkly Square Courtyard, 25-39 Barkly St, Ballarat

The BRMC Social Support Team welcome the Hazara community to come along and share a meal and meet friends. This program will be delivered on the first Tuesday of each month. To register call 03 5331 1123.



#### **Multicultural Job Club**

Mondays, 6pm - 7pm or Thursdays, 1pm - 2pm Via Zoom during Term 1

The Multicultural Job Club is back on Monday 28 February and will be running twice a week! Topics will be repeated on Mondays and Thursdays - so you can choose which day suits best. Everyone welcome to attend.

Join our Facebook Group: <a href="www.facebook.com/groups/multiculturaljobclub">www.facebook.com/groups/multiculturaljobclub</a>
For more information, contact Bek at <a href="mailto:r.robertson@brmc.org.au">r.robertson@brmc.org.au</a> or 0491 066 248.

Register





## Multicultural Job Club

Offering connection and support to people on their employment journey

Mondays 6-7pm

OP

Thursdays 1-2pm

Join us on ZOOM

Register Online: bit.ly/3CJ5m9A







#### LOOKING FOR A JOB?

## YOU'RE NOT ALONE!

The Multicultural Job Club is a weekly session where you will:

- Connect and support each other
- Set achievable goals
- Meet new people
- Connect with services
- Learn something new
- Build confidence

#### Interested?

Contact Bek on r.robertsonebrmc.org.au or 0491 066 248

or join our Facebook Group BRMC Multicultural Job Club

#### Volunteer with BRMC

Volunteers make BRMC a real community and a thriving hub for community connection and services. BRMC is always in need of people who are willing to help and share their time, talents and skills. <a href="https://www.brmc.org.au/get-involved">www.brmc.org.au/get-involved</a>

Contact Teresa on 03 5383 0613 / 0417 109 052 / teresa@brmc.org.au



BRMC IS LOOKING FOR VOLUNTEERS!

## Find out more about how YOU can help

Contact Teresa on 03 5383 0613 / 0417 109 052 or teresa@brmc.org.au



We have a broad range of volunteer opportunities.

Get involved in one of our services to help improve the quality of life for culturally and linguistically diverse members of our community.

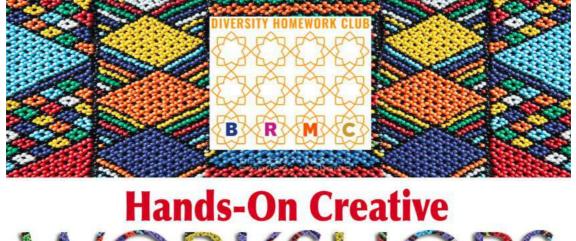
www.brmc.org.au/get-involved

#### **UPCOMING EVENTS**

#### **BRMC Hands-On Creative Workshops**

Saturday 26th February & Sunday 6th March, 11am - 2pm Ballarat Welcome Centre, 25-39 Barkly St, Ballarat

Join us for some creativity and fun as we create cultural decorations for the BRMC Begonia Festival Parade entry. Please let us know if you would like to come along: <a href="mailto:d.klein@brmc.org.au">d.klein@brmc.org.au</a> or 0457 934 728.



# Hands-On Creative WORKSHOPS

**Come Create Cultural Decorations** 

For The Ballarat Regional Multicultural Council Ballarat Begonia Festival Parade Entry



Saturday, 26 February & Sunday, 6 March 11am - 2pm

**FREE Family Fun For All Ages** 



Ballarat Welcome Centre 25 - 39 Barkly Street
Please let us know you are coming:
d.klein@brmc.org.au 0457 934 728





#### Getting Schooled: Empowering multicultural youth postsecondary transitions

Tuesday 22nd February, 3.30pm - 5.30pm Online via Zoom

Centre for Multicultural Youth (CMY) presents a youth-informed state-wide forum, which will explore how educators and service providers can better support multicultural young people to make informed decisions about career pathways after high school.

Register



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Centre for Multicultural Youth presents a youth-informed, state-wide forum, which will explore how educators and service providers can better support multicultural young people to make informed decisions about career pathways after high school.

The forum will provide participants with the opportunity to better understand the experiences of multicultural young people as they transition from high school to higher education and/or employment. It will bring together educational staff, career advisors, youth workers and other relevant stakeholders to network, discuss solutions and hear stories and advice from multicultural young people.

This event has been developed in collaboration with the CMY Metro Youth Advisory Group (YAG).



DATE Tuesday, 22nd February 2022 TIME 3:30pm - 5:30pm VENUE Zoom

#### REGISTER HERE

Zoom link and password will be emailed to registered participants before the event.

#### **Be Creative - Monthly Crafting Sessions**

Thursday 24th February, 6pm

Sebastopol Library, 181 Albert St, Sebastopol

Ballarat Libraries introduces Be Creative, a new recurring program held on the last Thursday of each month. Be Creative with other crafters from the community with this monthly session at Libraries After Dark. Bring along something you're working on and meet new people at this casual catch up. No bookings required - BYO craft.

Be Creative is subject to COVID-19 restrictions and may be cancelled last minute. For updates please phone Sebastopol Library on 03 5335 7985.



#### Maha Shivratri 2022

Tuesday 1st March, 6pm - 9pm

St James Parish School Hall, 260 Albert St, Sebastopol

Ballarat Hindu Temple & Cultural Centre invite everyone to come and celebrate Maha Shivratri 2022 in Ballarat. This auspicious day is believed to be the day of convergence of divine powers of Lord Shiva and Goddess Shakti. The event will be conducted with Bhajans, Archana and Pooja, and cultural programs followed by dinner.

**Book now** 



#### **Ballarat Begonia Festival Parade**

Monday 14th March, 9am

Lake Wendouree, Ballarat

BRMC is inviting all associations and members to join us for the 2022 Begonia Parade. Cultural dress is encouraged. If you would like to be involved please contact <a href="mailto:teresa@brmc.org.au">teresa@brmc.org.au</a> or 0417 109 052.



#### FECCA 2022 - New Dates

In the interests of public health and safety, the FECCA 2022 national conference has been postponed until **16-17 June 2022**.

Early bird registrations and scholarship applications will now close on 31 March 2022.

Find out more



#### **ITEMS OF INTEREST**

#### **2022 Victorian Refugee Award Nominations**

Nominations for the 2022 Victorian Refugee Awards are opening soon.

The awards recognise and promote the achievements and contributions of Victorians who arrived as refugees and asylum seekers.

If you know a person, business or organisation that deserves recognition, please nominate them for a Refugee Award.



More info

#### 2022 Diversity Webinar Series

The online Diversity Webinar series aims to engage staff working within the aged care sector in Australia with skills and knowledge to work effectively with diverse older people, their families, carers and advocates. It involves a range of topics relevant to culturally safe and inclusive practice, and is designed in response to topics requested from staff working in the aged care sector in Australia.

Learn more



#### 2022 WNC Program Guide (Term 1)

Do you want to learn something new in a welcoming environment?

No matter what level of education or training you have had in the past, Wendouree

Neighbourhood Centre can help. New skills can be life changing offering job choices,
education and the chance to interact with others in the community.

For course descriptions, printable flyers and to 'Register Interest', visit <a href="https://www.wnc.org.au/programmes">www.wnc.org.au/programmes</a>



#### **Wendouree Neighbourhood Centre Quick Program Guide 2022**



#### Connect, Participate, Learn

COURSE	START DATE	TIME	М	T	w	Ť	F	COST
TERM 1								
Word	8 Feb 8 Sessions	12:30pm - 3:00pm		~				\$30 (Conc. \$20)
Office Skills	10 Feb 10 Sessions	9:30am – 12:00pm				~		\$40 (Conc. \$25)
Beginners Computers	1 Mar 16 Sessions	9:30am - 12:00pm		~				\$65 (Conc. \$40)
Beyond the Basics	3 Mar 16 Sessions	12:30pm - 3:00pm				1		\$65 (Conc. \$40)
Reading & Writing	1 Mar 20 Sessions	12:30pm - 3:00pm		1				FREE
Reading & Writing – Literacy for Getting Your L's	2 Mar 20 Sessions	9:30am - 12:00pm			1			FREE
Getting Your L's	2 Mar 10 Sessions	12:30pm - 3:00pm			1			FREE
Improve Your Maths	1 Mar 10 Sessions	9:30am – 12:00pm		1				FREE
Cooking for Community	4 Mar 15 Sessions	9:30am - 2:30pm					✓	FREE
Cooking Basics	28 Feb 20 Sessions	9:30am – 12:00pm	1					\$65 (Conc. \$55)
Café Skills	2 Mar 12 Sessions	12:30pm - 3:00pm			1			FREE
Unlock Your Creative Skills - Sewing	28 Feb 10 Sessions	12:30pm - 3:00pm	1					\$50
Live, Learn, Connect	TBC 10 Sessions							FREE

For Course descriptions, printable Flyers and to 'Register Interest' please visit:

Wendouree Neighbourhood Centre (wnc.org.au)

CONTACT US 12-14 Violet Grove, Wendouree 3355 Ph: 53030507 Email: reception@wnc.org.au www.facebook.com/wendoureeneighbourhoodcentre

#### **Power Saving Bonus**

The Victorian Government's Power Saving Bonus program has been extended to 30 June. The Power Saving Bonus is a \$250 payment to help support vulnerable households doing it tough with energy bills.

The Bonus is available to households with residents who receive payment through the Pensioner Concession, JobSeeker, Austudy, Abstudy or Youth Allowance programs, or who hold a Department of Veterans' Affairs Gold Card.

**Find out more** 



## \$250 Power Saving Bonus



#### **Document Signing Station at Barkly Square**

The Ballarat branch of the Royal Victorian Association of Honorary Justices have established a Document Signing Station at Barkly Square near A Pot of Courage Café, 25-39 Barkly St, Ballarat.

A Justice of the Peace (JP) will be in attendance every Thursday from 12pm - 1.30pm. People can have documents certified as true copies, declare statutory declarations and affidavits.

#### **BCH Mental Health Groups**

Has your mental health been impacted by COVID-19? Would you like to develop some skills to help your mental health and connect with like-minded people? Join group sessions run by experienced clinicians and peer workers from Ballarat Community Health. Sessions are free and held on weekdays throughout February.

More info



#### **BHS Consumer Partnership Program (CPP)**

The CPP provide opportunities across the service by creating a platform where consumers can participate and be involved in the development, delivery, planning and evaluation of the heath service. BHS believes everyone deserves a voice and want to help consumers

achieve this. If you would like more information about joining, please contact 03 5320 8571 or <a href="mailto:safety&innovation@bhs.org.au">safety&innovation@bhs.org.au</a>.



# Would you like to help us improve our services?

Would you like to tell your story to inspire change at BHS?

We value your views and would like to hear them

If you would like more information about joining please contact the team on 5320 8571 or safety&innovation@bhs.org.au
Use the QR code to learn more





#### A Pot of Courage - Casual Positions

Would you love to be part of a team that celebrates ALL cultural backgrounds through our cafe, catering and events?

Casual positions are available with A Pot of Courage - chef, cooks, kitchenhands, baristas, event staff (eg RSA trained). If you know anyone who might be keen to join, please ask them to contact Shiree on 0438 871 503 or email CVs to <a href="mailto:apotofcourage@gmail.com">apotofcourage@gmail.com</a>.









#### **EVENTS IN REVIEW**

#### **World Interfaith Harmony Week Flag Raising**

Ballarat Interfaith Network's annual flag raising ceremony was held on Tuesday 1 February at St Peter's Anglican Church to celebrate the beginning of World Interfaith Harmony Week. The distinctive design of the Ballarat flag represents the people of Ballarat, spirituality around the world, and the aspiration towards harmony.





#### **BKFA Awards**

Ballarat Keralites' Foundation of Australia (BKFA) was honoured to receive 'Community Event of the Year 2022' awarded by the City of Ballarat. For feeding Ballarat's vulnerable during COVID through their community project 'Freshly Cooked Free Food in Lock Down'.

BKFA Youth Ambassador and BRMC Youth Advisor, Jerrica Elsa John also won the Youth Volunteer Award and Major Award (12-17 years) during the 2021 Ballarat Youth Awards.





Have something you would like us to share on social media or in our monthly newsletter?

Tag us on Facebook <a href="mailto:object.object">object.obj

#### **BRMC Contact Details**

**Ballarat Welcome Centre** 

25-39 Barkly St, Ballarat VIC 3350

Phone: 03 5383 0613 Email: <u>info@brmc.org.au</u>

Website: www.brmc.org.au

Facebook: www.facebook.com/brmc.ballarat





BRMC respectfully acknowledges the Wadawurrung and Dja Dja Wurrung people, their elders and community leaders, past, present and emerging - traditional custodians of the land on which we live and work.











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